

"Hummingbird"

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	DMC	color name
•	blanc	white
	3866	mocha, ult. v. lt.
⊗	3024	brown gray, v. lt.
G	645	beaver gray, v. dk.
+	524	fern green, v. lt.
=	523	fern green, lt.
△	522	fern green, med.
■	502	blue green
┌	524	fern green, v. lt.
└	504	blue green, lt.
2	523	fern green, lt.
	503	blue green, med.
☆	522	fern green, med.
	502	blue green
≡	3364	pine green
6	3363	pine green, med.
♥	3362	pine green, dk.
H	3833	raspberry, lt.
★	3831	raspberry, dk.
M	223	pink, med.
√	152	shell pink, v. lt.
	761	salmon, lt.
∅	223	pink, med.
	3833	raspberry, lt.
✱	3042	antique violet, lt.
●	3041	antique violet, med.

Mill Hill Beads:

- 00557 gold bead (seed)
- 42014 jet bead (petite)

General Information:

Model stitched **over-two and over-one** on 18-count oatmeal Floba from Zweigart®

Stitch count: 34H X 34W

Finished size: @ 4" X 4"

READ ALL INSTRUCTIONS BEFORE BEGINNING TO STITCH!

General Instructions:

Cross stitch over two fabric threads using four strands of floss. Cross stitch over-one using two strands of floss. When two floss colors are bracketed together, use two strands of each when stitching over-two, and one strand of each when stitching over-one. Backstitch using two strands of floss unless indicated otherwise. Attach beads after all other stitching has been completed using one strand of floss.

Stitch in the order given:

1. Satin stitch border:

Using one strand of white pearl cotton, make the satin stitch blocks that surround the design. Move from one block to the next without ending your thread. Count carefully. I usually recommend beginning with a border if a design has one in order to center the design on the fabric, to make sure you have *enough* fabric, and to provide yourself with a "landmark" against which counting can be double-checked.

2. Complete all cross stitching:

For over-two stitching, refer to the main chart. For over-one stitching (the bird), refer to the over-one chart. The backstitch outline of the bird on the main chart should be used for placement purposes only.

3. Backstitch the over-two stitching:

3041 - flowers

3362 - all stems and leaves of flowers within the border

523 - use four strands: make lazy daisy leaves within the border

4. Backstitch over-one stitching:

3042 - one strand: bird's wing and belly

645 - two strands: make beak using long straight stitches, and backstitch bird's foot.

5. Corner flower motifs:

Make stems:

use two strands 3362

Make lazy daisy leaves:

black lines: four strands 3362

gray lines: four strands 523

6. Attach beads:

flower centers: use 3041

vines: use 3866

corner flowers: use 3866

bird's eye: use: 3362

Tips for Over-One Stitching:

1. Perhaps the most important thing to remember when stitching over-one is to stitch with **VERY LIGHT** tension. Any extra pressure on the floss will pull the legs of the stitches in behind the fabric threads... which is very frustrating!
2. In solidly stitched areas, especially on very fine fabric counts, you may want to consider beginning in the center of the area, and stitch outward toward the edges of the solidly stitched area. It's much easier than working from the edges inward: it gets very crowded!
3. I have found that stitching over-one a using sharp needle rather than a blunt tapestry needle sometimes yields more satisfactory results. I almost always backstitch over-one using a sharp needle.
4. Magnification and proper lighting are a must! Both make stitching over-one on high count fabrics much more enjoyable.

A Finishing Suggestion:

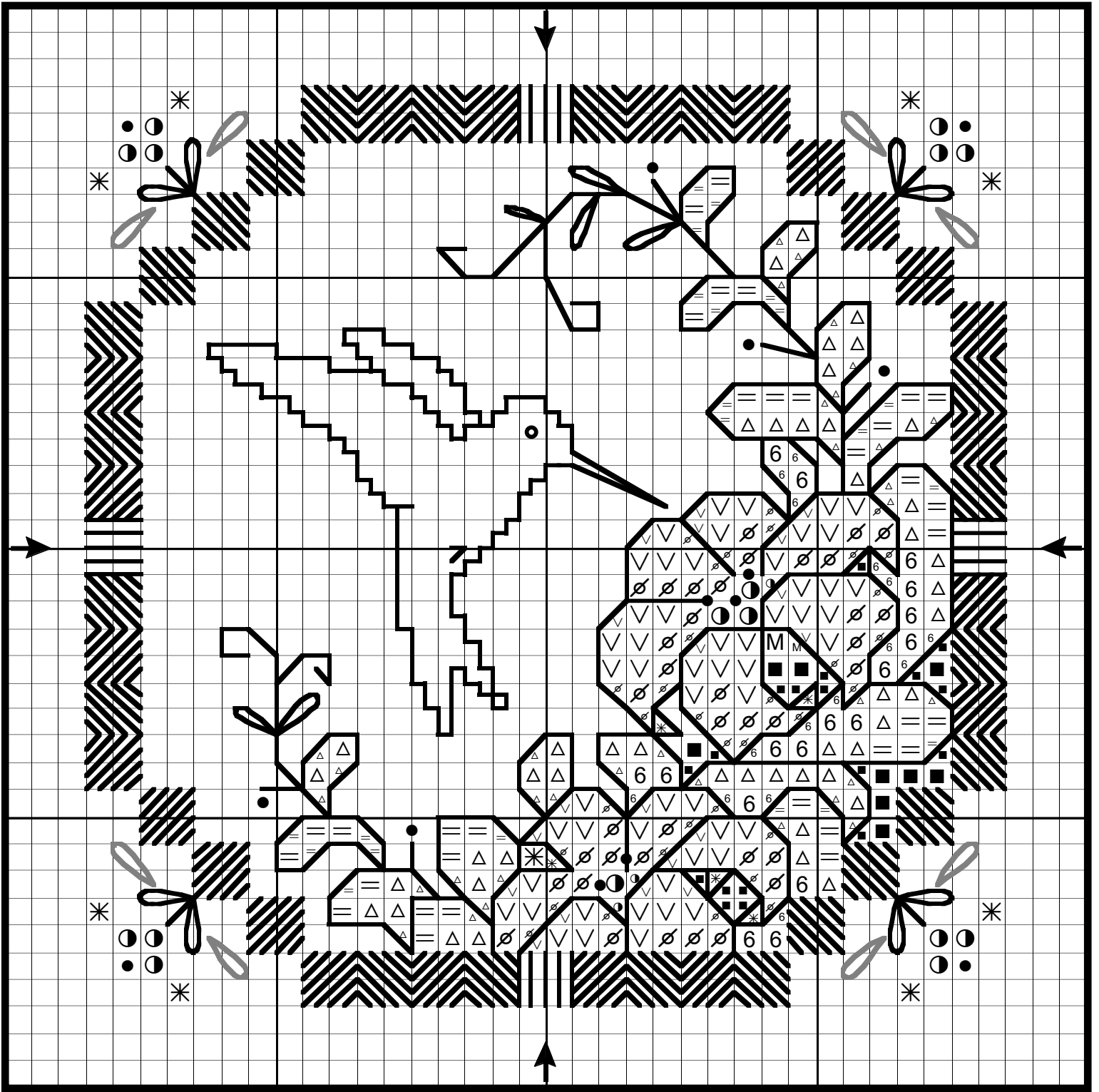
Trim the stitched piece about 1/2 inch away from the stitching. Cut a piece of backing fabric the same size. Place right sides together, and stitch around the edges, (by hand or machine) fairly close to the stitching. Leave a small opening to turn the piece right side out. Stuff with a bit of fiberfill (and a weight) if desired. Slip stitch the opening closed. Hand-stitch some trim such as braid or torsade to the outer edges of the piece if desired, remembering to make a loop for hanging.

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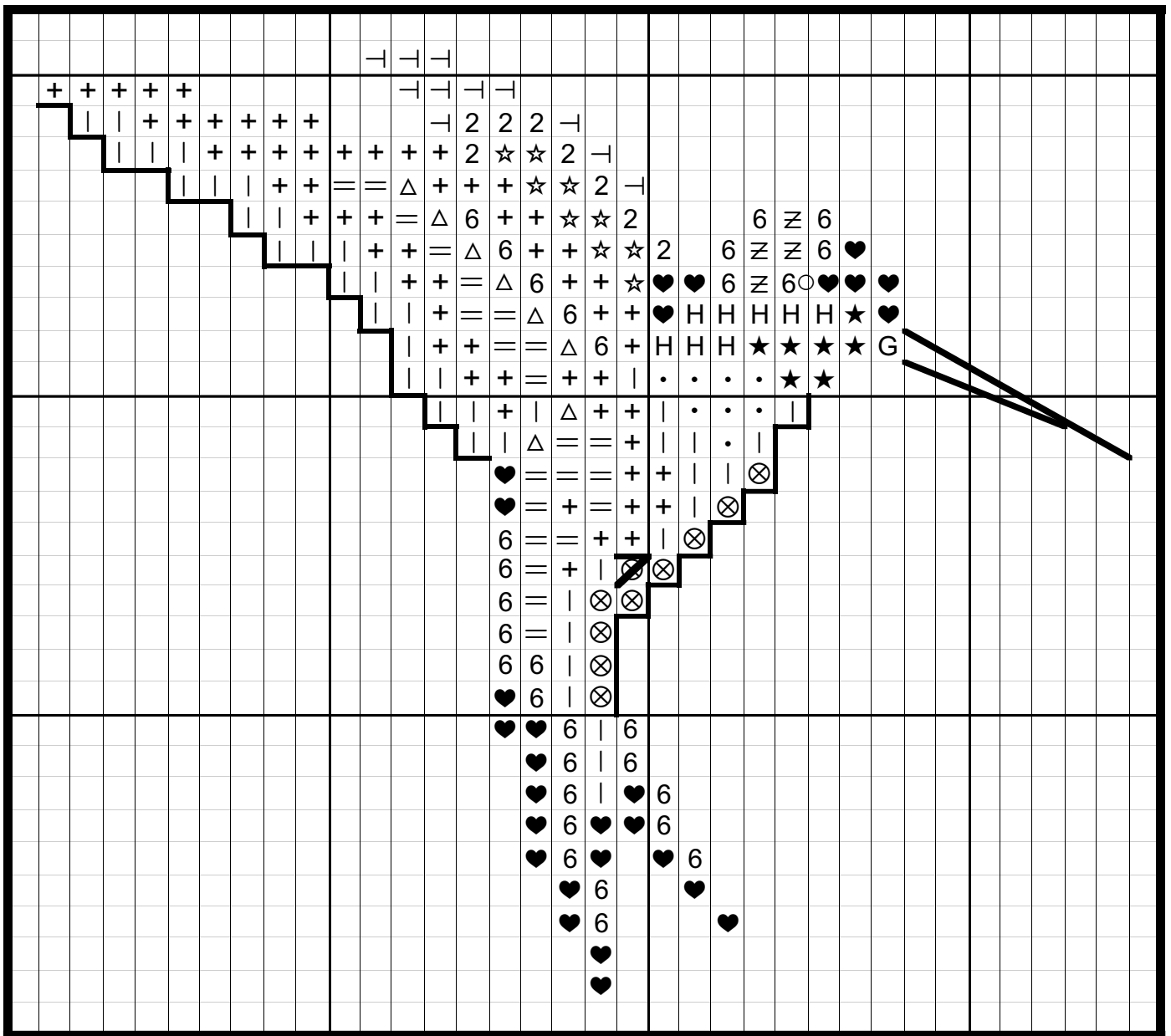
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Over-Two Chart

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Over-One Chart

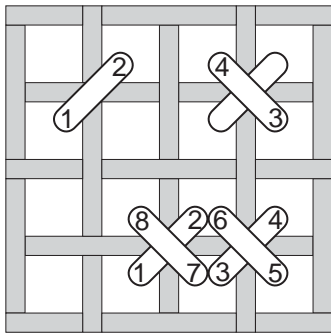
Links of Interest:

My needlework website: <http://www.twdesignworks.com/>

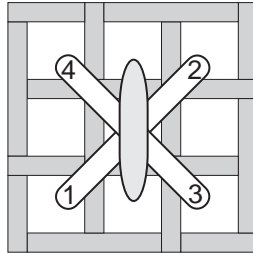
Needlework Blog: <http://twneedlework.wordpress.com/>

Art Blog: <http://teresawentzlerart.wordpress.com/>

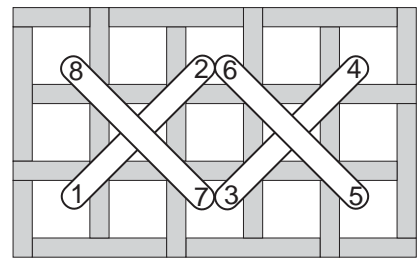
Stitch Diagrams



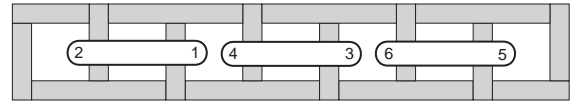
cross stitch (over one)



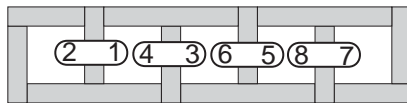
attaching a bead



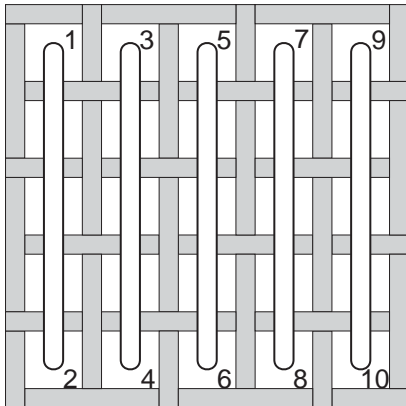
cross stitch (over two)



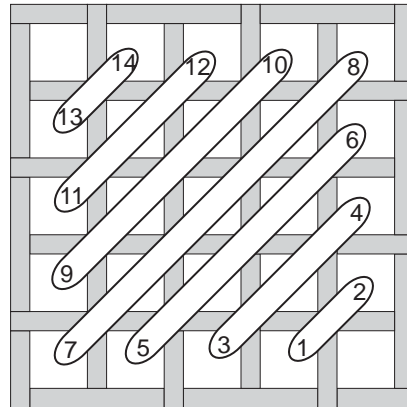
back stitch (over two)



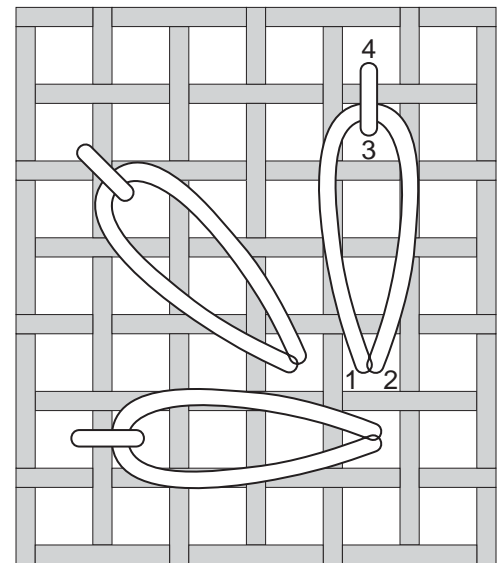
back stitch (over one)



satin stitch



diagonal satin stitch



lazy daisy

NOTES